



Your Aged Care System Map

Need some help to navigate through the aged care system?

Not sure where to start?

Are you looking for help for your loved one?

Are you looking for Aged Care Services or a little extra help at home?

Age Care Flowchart

Find the right services for yourself or for your loved one

I AM AN OLDER PERSON AND I THINK I NEED A BIT OF EXTRA HELP

***ACAT: Aged Care Assessment Teams:** a team of qualified professionals who assess people for Home Care Packages, Residential care and Transitional Care

I'm at home

Am I able to manage at home by myself?

YES

NO

HANDY TIP: Ask for an ACAT* assessment at the hospital

I'm in the hospital (currently)

Will I be able to manage at home after discharge?

NO

I'm a carer

Do I need a break/some help?

Respite Care

How much help do I need?

Just a Little
(Cleaning, shopping, transport to appointments, socialising)

Commonwealth Home Support Programme

Need more to stay at home
(Medication, Prompt, Showering, Nursing)

Commonwealth Home Care Packages

I need 24/7 care

Residential Care

Transitional Care

After Transitional Care, do I still need help at home?

YES

NEW - Community Visitor Scheme – FREE One-on-One social support for seniors with an approved Home Care Package or who live in Residential Care.

IMPORTANT: Eligibility criteria for these services are varied. Please, check the inside of this flyer for more information on how to get assessed for the government subsidies services.

More Information:
My Aged Care
1800 200 422
 CaresWA
 1300 227 377
 Alzheimers WA
 (08) 9388 2800
 COTAWA
 (08) 9472 0104
 Advocare
 (08) 9479 7566



Help at Home		
Program	COMMONWEALTH HOME SUPPORT PROGRAMME (CHSP) (Formally known as HACC)	COMMONWEALTH HOME CARE PACKAGES
Summary of the program	If you are able to manage, but need support with a few tasks, you could be eligible for subsidised support services through the Commonwealth Home Support Programme (CHSP). This program aims to help those who need a low level of support to keep living independently. Only recommended to those who need one or two services.	Home Care Packages are for those with greater or more complex care needs. If you need many care and support services on an ongoing basis, you could be eligible for a Home Care Package. Waiting times apply.
Costs involved	You are expected to contribute to the cost of your care if you can afford to do so. How much you may pay varies depending on the type and level of care and services you will receive. Not income tested	The government then pays your provider a subsidy to arrange a package of care services to meet your needs. As everyone's care needs are different, there are four levels of Home Care Packages: Level 1 - basic care needs (approx. \$9000) Level 2 - low-level care needs (approx. \$15,000) Level 3 - intermediate care needs (approx. \$33,000) Level 4 - high-level care needs. (approx. \$50,000) You're also expected to contribute to the cost of your care if you can afford it: - Basic daily fee (currently \$10.54 per day from 20 March 2019) - Income-tested care fee (ranging from \$30.25 per day from 20 March 2019)
Type of Services Available	<ul style="list-style-type: none"> - Aids and equipment - Domestic Assistance (e.g. house cleaning, washing clothes) - Home maintenance and modifications - Meals, food preparation - Nursing and Allied health - Personal care (e.g. help with showering or dressing) - Respite Care - Social support - Transport to appointments 	<ul style="list-style-type: none"> - Aids and equipment - Domestic assistance - Garden maintenance - Home maintenance and modifications - Meal preparation and diet - Medication administration - Nursing, allied health and therapy services - Personal care - Transport to appointments - Social support - Respite Care - Community Visitors Scheme
Who is eligible	If you are 65 years or older and live at home but need help to continue to live independently	You are an older person who needs coordinated services to help them stay at home.
How to access this service	<ol style="list-style-type: none"> 1. Call My Aged Care on 1800 200 422 to arrange an assessment 2. Have a home support assessment 3. Agree on a home support plan 4. Select service providers and work out your fees 5. Manage your services 	<ol style="list-style-type: none"> 6. Call My Aged Care on 1800 200 422 to arrange an assessment 1. Have a home care package assessment with ACAT 2. Receive an Outcome of your assessment 3. If accepted go on a national queue (automatic) 4. Find a suitable package provider on My Aged Care 5. Be assigned a Home Care Package 6. Sign up with your chosen provider 7. Manage your services

	Short-term care		Aged care homes
Program	TRANSITION CARE PROGRAMME	RESPIRE CARE	RESIDENTIAL AGED CARE
Summary of the program	Transition care helps you recover after a hospital stay. It provides short-term specialised care and support to help you regain your functional independence and confidence sooner and avoid the need for longer term care and support services.	Respite care supports you and your carer by giving you both a break for a short period of time. You can access respite care for a few hours, a few days, or longer. It can be accessed in your home, out in the community, or in an aged care home. It can be planned.	An aged care home (sometimes known as a nursing home or residential aged care facility) is for older people who can no longer live at home and need ongoing help with everyday tasks or health care.
Costs involved	You are expected to contribute to the cost of your care if you can afford to do so. How much you may pay varies depending on the type and level of care and services you will receive.	You are expected to contribute to the cost of your care if you can afford to do so. How much you may pay varies depending on the type and level of care and services you will receive.	Each home sets their own prices, within a prescribed limit, and costs will vary. How much you will have to pay depends on the place you choose and an assessment of your income and assets. Typically, there are three types of costs associated with all aged care homes: A basic daily fee, Accommodation costs and Means-tested fee
Type of Services Available	<ul style="list-style-type: none"> - Low-intensity therapy such as physiotherapy and podiatry - Access to a social worker for care management - Nursing support for clinical care such as wound care - Personal care such as showering <p>You can access transition care services for up 12 weeks per year. Care can be provided in different locations: at home, in the community, aged care homes</p>	<ul style="list-style-type: none"> - Community respite Under the <u>Commonwealth Home Support Programme</u>: <ul style="list-style-type: none"> o Centre-based respite o Cottage respite o Flexible respite - Residential respite Residential respite in an aged care home is available for a few days through to a few weeks at a time. - Emergency respite 	<ul style="list-style-type: none"> - 24/7 Accommodation with furnishings and bedding - General laundry and cleaning services - Meals and refreshments - Help with day-to-day living activities - Rehabilitation support (after a hospital stay) - Allied health and nursing support - Access to aids and Equipment (e.g.: walking frames) - Community Visitors Scheme
Who is eligible	You are a patient in a public or private hospital, you have been informed that you are ready to leave hospital, you would benefit from short-term help.	<ul style="list-style-type: none"> - When your carer is unable to care for you for some reason, or - When you or your carer need a break from your usual care arrangements. 	An older person who can no longer live independently at home
How to access this service	<ol style="list-style-type: none"> 1. Call My Aged Care on 1800 200 422 to arrange an assessment 2. Have an assessment with ACAT 3. Receive the outcome of your assessment 4. Find a provider and work out the costs 5. Enter into an agreement 6. Manage your services <p>OR</p> <p>You can ask the hospital staff to arrange a face-to-face assessment.</p>	<p>Community respite services under the CHSP:</p> <ol style="list-style-type: none"> 1. Call My Aged Care on 1800 200 422 to arrange an assessment 2. Have an assessment 3. Receive the outcome of your assessment 4. Find a provider and work out the costs 5. Enter into an agreement 6. Manage your services <p>Emergency Respite: 1800 052 222 business hours, or 1800 059 059 outside hours.</p>	<ol style="list-style-type: none"> 1. Call My Aged Care on 1800 200 422 to arrange an assessment 2. Have an assessment with ACAT 3. Receive the outcome of your assessment 4. Find an aged care home 5. Work out the costs 6. Apply to an aged care home 7. Accept their offer 8. Enter into agreements with your aged care home 9. Manage your care and services



Australian Government
Department of Health



**DO YOU HAVE
MORE QUESTIONS?**

Contact Umbrella's friendly staff today!

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