

The aim of this resource is to collect multilingual resources available online.

### Family Carers

<b>Organisation's Name</b>	Carers WA
<b>What they do</b>	Carers WA is a non-profit, community based organisation and registered charity dedicated to improving the lives of the estimated 320,000 family carers living in Western Australia.
<b>Languages available</b>	Arabic, Chinese - Simplified, Chinese - Traditional, Croatian, Czech, Dari, Italian, Serbian, Spanish, Vietnamese
<b>Link</b>	<a href="https://www.carerswa.asn.au/publications/cald-factsheets/">https://www.carerswa.asn.au/publications/cald-factsheets/</a>

### Health and Wellbeing

<b>Organisation's Name</b>	Advanced Care Planning
<b>What they do</b>	Advance Care Planning Australia (ACPA) is a national program funded by the Australian Government Department of Health, enabling Australians to make the best choices for their life and health care. It provides information and resources to individuals, care workers and healthcare professionals to improve this cooperation.
<b>Languages available</b>	Arabic, Greek, Polish, Tagalog, Chinese Simplified, Chinese Traditional, Hindi, Russian, Vietnamese, Italian, Serbian, Croatian, Macedonian, Spanish
<b>Link</b>	<a href="https://www.advancecareplanning.org.au/resources">https://www.advancecareplanning.org.au/resources</a>
<b>Organisation's Name</b>	Arthritis Australia
<b>What they do</b>	Arthritis Australia provides support and information to people with arthritis as well as their families and friends, promotes awareness of the challenges facing people with arthritis across the community, and to leaders in business, industry, and government, funds research into potential causes and possible cures as well as better ways to live with arthritis, and aims to keep health professionals such as physiotherapists, occupational therapists, and community nurses informed.
<b>Languages available</b>	Arabic, Chinese, Croatian, Greek, Italian, Korean, Macedonian, Person, Spanish Vietnamese
<b>Link</b>	<a href="https://arthritisaustralia.com.au/get-support/resources/information-sheets/">https://arthritisaustralia.com.au/get-support/resources/information-sheets/</a>
<b>Organisation's Name</b>	BreastScreen WA

<b>What they do</b>	The BreastScreen WA program provides free screening mammograms to asymptomatic women and specifically targets women aged 50 to 74 years, as the scientific evidence of benefit from screening mammography is greatest for women in this age group. However, all women 40 years or over are eligible to attend.
<b>Languages available</b>	Amharic, Arabic, Bosnian, Burmese, Chinese, Croatian, Dari, Dutch, French, Greek, Indonesian, Italian, Japanese, Khmer, Korean, Macedonian, Malay, Maltese, Persian/Farsi, Polish, Portuguese, Russian, Serbian, Sinhalese, Somali, Spanish, Swahili, Tagalog/Filipina, Tamil, Thai, Tigrigna, Vietnamese
<b>Link</b>	<a href="http://www.breastscreen.health.wa.gov.au/Breast-screening/Multicultural-women">http://www.breastscreen.health.wa.gov.au/Breast-screening/Multicultural-women</a>
<b>Organisation's Name</b>	Continenace Foundation of Australia
<b>What they do</b>	The Continenace Foundation of Australia is the national peak body promoting bladder and bowel health. The Continenace Foundation of Australia's vision is to have a community free of the stigma of incontinence. We provide information on funding, referral and products. We also offer free resources for individuals, carers and professionals to help treat bladder and bowel control problems.
<b>Languages available</b>	Arabic, Burmese, Cantonese, Croatian, Dari, Dinka, Dutch, English, Filipino, German, Greek, Hindi, Hungarian, Indonesian, Italian, Japanese, Karen, Korean, Macedonian, Maltese, Mandarin, Persian, Polish, Serbian, Somali, Spanish, Tamil, Turkish, Urdu, Vietnamese
<b>Link</b>	<a href="https://www.continenace.org.au/other-languages.php">https://www.continenace.org.au/other-languages.php</a>
<b>Organisation's Name</b>	Dementia Australia
<b>What they do</b>	The Dementia Australia website outlines <a href="#">steps you can take to find out more about dementia</a> , including advice on observing warning signs and preparing a list of concerns to take to your doctor.
<b>Languages available</b>	Arabic - العربية, Armenian, Assyrian, Bengali, Cantonese - 廣東話, Croatian, Dari, Dinka, Dutch, Finnish, French, German, Greek - ελληνικά, Hazeragi, Hindi, Hungarian, Indonesian, Italian - Italiano, Japanese, Khmer, Korean, Lao, Latvian, Lithuanian, Macedonian, Maltese, Mandarin - 普通话, Polish - Polskie, Portuguese - Português, Punjabi, Romanian, Russian, Serbian, Somali, Spanish - Español, Swahili, Tagalog, Tamil, Thai, Turkish, Ukrainian, Urdu, Vietnamese
<b>Link</b>	<a href="https://www.dementia.org.au/languages">https://www.dementia.org.au/languages</a>
<b>Organisation's Name</b>	Diabetes WA
<b>What they do</b>	Diabetes WA informs, educates and supports thousands of Western Australians, helping them to better manage their diabetes. This in turn enables them to lead happier, healthier lives.
<b>Languages available</b>	Arabic, Bengali, Burmese, Chinese Simplified, Chinese Traditional, Farsi, French, Greek, Hindi, Italian, Japanese, Khmer, Kirundi, Korean, Macedonian, Maltese, Polish, Punjabi, Samoan, Spanish, Tongan, Turkish, Urdu, Vietnamese

<b>Link (external resources)</b>	<a href="http://multiculturalportal.ndss.com.au/">http://multiculturalportal.ndss.com.au/</a>
<b>Topic:</b>	Elective surgery
<b>What they do</b>	Elective surgery is a term used for non-emergency surgery which is medically necessary, but can be delayed for at least 24 hours. People who need emergency treatment will not be placed on the elective surgery list. Elective surgery is usually performed in an operating theatre or procedure room under some form of <a href="#">anaesthesia</a> by a surgeon. Elective surgery is different to cosmetic surgery, which is not performed in public hospitals.
<b>Languages available</b>	Arabic, Chinese Simplified, Chinese Traditional, Croatian, Greek, Indonesian, Italian, Korean, Serbian, Spanish, Thai, Vietnamese
<b>Link</b>	<a href="http://healthywa.wa.gov.au/Articles/A_E/Elective-surgery">http://healthywa.wa.gov.au/Articles/A_E/Elective-surgery</a>
<b>Organisation's Name</b>	Heart Foundation
<b>What they do</b>	On their page you will find information sheets and resources on the following topics: Recognising your heart attack, Chronic heart failure, Living with heart failure, Women and heart disease, Healthy eating, Smoking and your heart, Audio presentations, Heart attack warning signs action plans
<b>Languages available</b>	Arabic, Chinese Simplified, Chinese Traditional, Croatian, Greek, Italian, Korean, Macedonian, Maltese, Polish, Portuguese, Russian, SCH, Serbian, Spanish, TCH, Turkish, Vietnamese, Hindi, Persian
<b>Link</b>	<a href="https://www.heartfoundation.org.au/support/information-in-your-language">https://www.heartfoundation.org.au/support/information-in-your-language</a>
<b>Organisation's Name</b>	National Bowel Cancer Screening program
<b>What they do</b>	The National Bowel Cancer Screening Program (NBCSP) invites eligible people starting at age 50 and continuing to age 74 (without symptoms) to screen for bowel cancer using a free, simple test at home.
<b>Languages available</b>	Arabic, Assyrian, Chinese Simplified, Chinese Traditional, Croatian, Greek, Hazaragi, Hindi, Italian, Khmer, Korean, Macedonian, Nepalese, Persian, Polish, Portuguese, Punjabi, Russian, Serbian, Spanish, Turkish, Vietnamese,
<b>Link</b>	<a href="https://bit.ly/2tKKpt9">https://bit.ly/2tKKpt9</a>
<b>Organisation's Name</b>	Parkinson's WA
<b>What they do</b>	Parkinson's Western Australia Inc. provides a Parkinson's Nurse Specialist Service; Support Networks for people with Parkinson's and their family carers; and educational resources and training.
<b>Languages available</b>	Arabic, Chinese, Croatian, Greek, Hindi, Italian, Russian, Turkish, Vietnamese
<b>Link</b>	<a href="https://www.parkinsonswa.org.au/multilingual-resources/">https://www.parkinsonswa.org.au/multilingual-resources/</a>

<b>Topics</b>	Stay healthy when it's hot – translated fact sheets
<b>What they do</b>	Health tips to stay healthy when it's hot
<b>Languages available</b>	Arabic, Chinese, Dinka, Greek, Italian, Persian, Russian, Spanish, Swahili, Vietnamese
<b>Link</b>	<a href="http://healthywa.wa.gov.au/Articles/S_T/Stay-healthy-when-its-hot-translated-fact-sheets">http://healthywa.wa.gov.au/Articles/S_T/Stay-healthy-when-its-hot-translated-fact-sheets</a>
<b>Organisation's Name</b>	Stay on Your Feet Resources
<b>What they do</b>	Stay On Your Feet® provides information and resources for older adults, their friends and family and health professionals to prevent slips, trips and falls.
<b>Languages available</b>	Languages Available: Arabic, Simplified Chinese, Italian, Vietnamese, Punjabi, English
<b>Link</b>	<a href="https://www.stayonyourfeet.com.au/health-professionals/resources/stay-on-your-feet-cald-resources/">https://www.stayonyourfeet.com.au/health-professionals/resources/stay-on-your-feet-cald-resources/</a>
<b>Organisation's Name</b>	Webster-pak®
<b>What they do</b>	The Multi Dose Webster-pak is a sealed weekly calendar pack designed to help people take their medication correctly, according to their doctor's orders. All regular medication that needs to be taken each week is sealed within the blister compartments. The Webster-pak is designed to be as simple as possible.
<b>Languages available</b>	Arabic, Chinese, Croation, Dutch, German, Greek, Gujarati, Indonesian, Italian, Korean, Macedonian, Maltese, Polish, Russian, Spanish, Serbian, Tagalog, Tamil, Turkish, Ukranian, Vietnamese
<b>Link</b>	<a href="http://www.webstercare.com.au/shop/item/multi-lingual-webster-pak">http://www.webstercare.com.au/shop/item/multi-lingual-webster-pak</a>
<b>Organisation's Name</b>	Western Australian Public Patients' Hospital Charter
<b>What they do</b>	This <a href="#">Western Australian Public Patients' Hospital Charter pamphlet (PDF 977KB)</a> explains your rights and obligations as a public hospital patient and gives details about how you can provide feedback about your public hospital experience. WA Health encourages all patients in our healthcare system to be active partners in their own health care. Ask your hospital for a copy of the pamphlet.
<b>Languages available</b>	Arabic, Bosnian, Chinese, Croatian, Farsi, Indonesian, Italian, Macedonian, Malaysian, Serbian, Somali, Spanish, Thai, Vietnamese
<b>Link</b>	<a href="http://healthywa.wa.gov.au/Articles/U_Z/Western-Australian-Public-Patients-Hospital-Charter">http://healthywa.wa.gov.au/Articles/U_Z/Western-Australian-Public-Patients-Hospital-Charter</a>



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